

STOP LO^OKING NERVOUS



OUR WHY

To make a difference in people, by developing their language and communication skills, so that they can reach their full potential.

HOW WE DO IT



Providing a quality and challenging learning experience and environment to all of you who chose to learn or develop your language and communication skills for academic, professional, social or travel purposes.

WHAT WE DO



We accompany you in your development process in English in our three Hubs, which were specifically created to make your adventure easier: Language Hub, Business Hub & Social Hub.









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Given that there are people who feel more comfortable developing their communication skills in their mother tongue, all the Courses and Talks that we do in the Business Hub are offered in both English and Spanish. Depending on the dates the programs are offered in one or another language.

STOP LOOKING NERVOUS



Stay calm and in control in front of any audience.

Communicating well nowadays is a must in order to be successful. Some studies have shown that the greatest fear of people is public speaking. It is no surprise that many people are concerned and avoid presentations. Be the one who takes actions, develop those skills and stay in control.

DURATION 3 sessio	ns – 12 hours	FO DATES July	01 00 15
SCHEDULE Monday	y - 17:30 a 21:30	DATES July	01 - 08 - 15
LANGUAGE English	FORMAT Part time	INVESTIMENT 396€	ENROLMENT FEE 40€

BENEFITS

THIS PROGRAM WILL HELP YOU

- Develop skills that allow you to feel in control when you have to speak in front of other people
- Learn techniques to know how to self-manage in front of an audience
- Show confidence using language, tone and safe body language
- Learn tools on how to convey the message you want
- Acquire skills for effective communication

TO WHOM IT IS ADDRESSED

Professionals who wish to learn strategies to feel comfortable in front of any audience and improve their ability to communicate effectively, as well as the ability to stay calm and in control in front of the target audience.

CONTENT

- Face the fear of Public Speaking
- Open well
- Eliminate your nervous habits
- Reduce your mistakes

- Channel your strengths
- Focus on the audience
- Close well

METHOD

Learn by living is the Methodology we use in the Business Hub.

Boosters (students) actively participate in their learning process by putting into practice everything they are working on in the sessions, with special emphasis on living the experience in order to internalize the concepts and thus be able to incorporate the learning to their life in a natural way.

"Growth happens when we Learn by Living" James Basha

TUTOR

James Basha is a motivational teacher with over 12 years of experience, a mentor and an International Public Speaking.

His passion is people. He loves being able to add value to people, helping them find and develop their potential by increasing their confidence in themselves so that they can reach their full potential.

He achieves that through personal growth, communication, leadership and teamwork.

He is specialized in the development of linguistic and communication skills. James holds a Foundation degree in Youth and Community Development and a Degree in Child and Adolescent Development from Bedfordshire University and an Executive General Management Program in EADA Business School.

REGISTRATION PROCESS

All those who are interested in taking a Course in the Business Hub should have a meeting with James

Basha to be able to jointly evaluate if the program in which they are interested is the most suitable for them at that time.



WRITE TO US AT

info@abbeyhub.com

CALL US AT 93 187 38 65

COME TO MEET US AT Carrer Comte Borrell 187

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